

FOREST OF BOWLAND

Area of Outstanding Natural Beauty

Chipping

This circular walk should be followed using a suitable ordnance survey map for example OL41 Forest of Bowland and Ribblesdale. Robust footwear is recommended. The walk will take approximately 2 hours. Other local walks are shown in the book 'Ten Circular Walks around Chipping' which is on sale in the Chipping Post Office - proceeds are given to the North West Air Ambulance.

Bowland Forest Gliding Club 1



Pure Energy - Sheer Excitement

Lower Cock Hill Farm, Chipping, Preston PR3 2WN
Tel: 01995 61267
Web: www.bfgc.co.uk

Come and experience the ultimate free flying experience at Bowland Forest Gliding Club. Situated in the heart of an Area of Outstanding Natural Beauty, gliding gives you the freedom to explore the world from a unique birds-eye view and discover the many moods of the sky.

Bowland Wild Boar Park 2



Chipping, Preston PR3 2QT
Web: www.wildboarpark.co.uk
Tel: 01995 61554

You can help bottle-feed lambs in the spring and summer, and feed llamas, red deer and goats all year round as well as admire the wild boars. Play area with zipwire. Surrounded by beautiful wooded countryside through which there are many walks.

Open daily - café seasonal opening hours

Brethertons Gold Line Tours 3



Chipping Garage, Green Lane, Chipping, Preston PR3 2QE
Tel: 01772 783795
Web: www.brethertonsgoldline.co.uk

A family-run coach company offering quality vehicles from 8 to 51 seats for fully guided tours of the Ribble Valley and Forest of Bowland with personal service and unrivalled local knowledge. Corporate, wedding and airport transfers to and from the area.

Chipping Local History Society 4



St Mary's Community Hall, Windy Street, Chipping, Preston PR3 2GD

On the first Sunday of each month, with the exception of January, visitors can seek information from members on local and family history. These informal sessions commence at 2pm in St Mary's Community Centre.

Clark House Farm B&B and Camping Barn 5



Old Hive Road, Chipping, Preston PR3 2GQ
Tel: 01995 61209
Web: www.clarkhousefarm.com

Visit Britain ★★★★★ Rating

Clark House Farm is located 1/2 mile from the village. Our newly converted en-suite rooms offer visitors the opportunity to relax and unwind in idyllic surroundings. Camping Barn also available.

Cobbled Corner Cafe 6



2, Club Lane, Chipping PR3 2QH
Tel: 01995 61551

Family run and specialising in homemade food using local ingredients from the Forest of Bowland where possible. We're particularly proud of our homemade cakes and scones. A relaxed and comfortable atmosphere. Private parties and outside catering.

Open daily.

Craven Heifer 7



Chipping Road, Clitheroe, Lancashire BB7 3LX
Tel: 01254 826215
Web: www.cravenheiferchaigley.co.uk

Our ever-changing specials, inspired menu, varied wines, hand drawn cask ales and friendly service have established us as a pub/restaurant that you can visit time and time again and still be enthralled by the choices. Great food, using local and organic produce wherever possible, in a timeless location!

Dog and Partridge Hotel 8



Hesketh Lane, Chipping, Preston PR3 2TH
Tel: 01995 61201

A warm and friendly welcome awaits you at this family owned 16th century inn nestling in the heart of the Ribble Valley. We offer delicious food sourcing fresh local produce whenever possible and served in a traditional style.

Fell View 9



Outlane Head Cottage, Chipping, Lancashire PR3 2NQ
Tel: 01995 61160
Web: www.fellviewchipping.co.uk

Visit Britain ★★★★★ Rating

A converted coach-house with superb views in a very peaceful location 5 minutes drive from the village. Spacious, comfortable and well-equipped first floor accommodation with a woodburning stove. Sleeps two. Non-smoking. Parking. Well-behaved dogs welcome.

The Gibbon Bridge Hotel & Restaurant 10



Green Lane, Chipping, Preston PR3 2TQ
Tel: 01995 61456
Web: www.gibbon-bridge.co.uk

Visit Britain ★★★★★ Rating

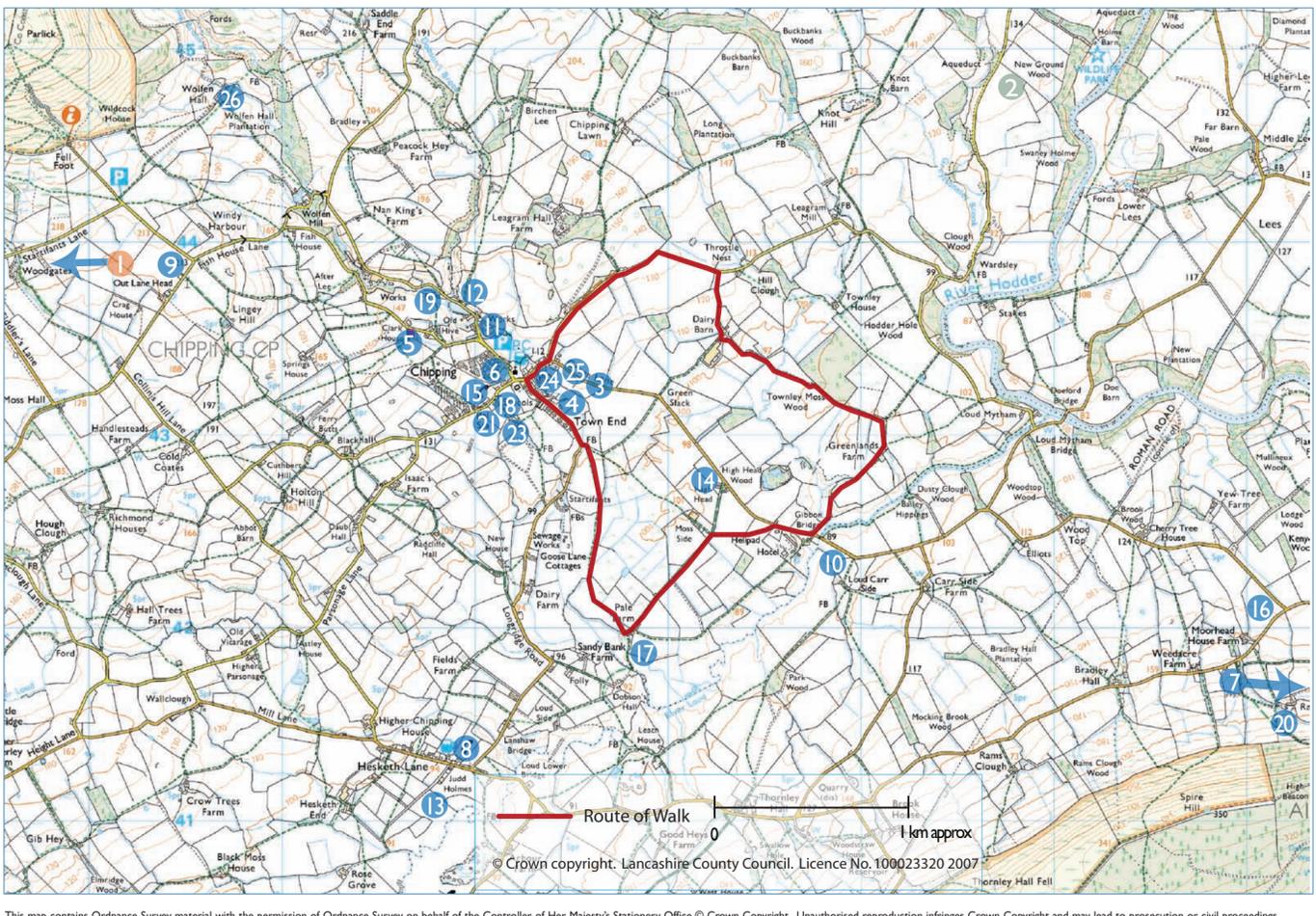
An award winning privately owned hotel and restaurant, nestling in 23 acres of beautiful gardens, situated one mile from Chipping. Our restaurant is open to non-residents for lunch and dinner. Special Mid-week lunch - 2 courses available.

H J Berry and Sons - chairworks 11



Kirk Mills, Chipping, Preston PR3 2RA
Tel: 01995 61226
Web: www.hjberrys.co.uk

A unique operation! Trees are cut into planks, sawn, seasoned and made into furniture on site. The firm was started by John Berry in 1840 and the waterwheel, which is mostly still there, was used to power the machinery until 1940. Berry's continues to use British hardwoods from sustainable sources and have planted thousands of broadleaf trees locally, and aim to plant thousands more to preserve our natural heritage.



This map contains Ordnance Survey material with the permission of Ordnance Survey on behalf of the Controller of Her Majesty's Stationery Office © Crown Copyright. Unauthorised reproduction infringes Crown Copyright and may lead to prosecution or civil proceedings. Lancashire County Council Licence No. 100023320 2007. 84132 Printed on recycled paper.

Judd Holmes Barn 13

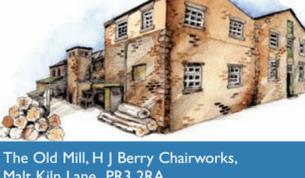


Judd Holmes Lane, Chipping, Preston PR3 2TJ
Tel: 01995 61655
Web: www.juddholmes.co.uk

Visit Britain ★★★★★ Rating

This is an ideal base for walking and cycling holidays, just one mile away from Chipping, or a riding holiday based on the North Lancashire Bridleway. A 17th century barn adjoining the owners cottage. 2 en-suite bedrooms and high quality open plan living, dining and kitchen areas with special views.

Heidi Berry Art Exhibition 12



The Old Mill, H J Berry Chairworks, Malt Kiln Lane PR3 2RA
Tel: 01995 61549
Web: www.heidiberryillustration.co.uk

The exhibition shows a selection of original watercolour pieces by Chipping-based artist Heidi Berry (subjects include local scenes & wildlife). Also available: Signed Prints, Greetings Cards, Personalised Gifts & Vouchers.

The Old Mill (shown above) houses an original Arkwright water wheel.

Open Mon - Thu 9 - 4, Fri 9 - 12.30, Sun 10 - 4

Leagram Organic Dairy 14



High Head Farm Buildings, Green Lane, Chipping PR3 2TQ
Tel: 01995 61532
Email: info@cheese-experience.com

With 30 years experience Bob Kitching has created a dairy for visitors to see how cheese is made today and a museum to see how cheese used to be made. Traditional varieties and innovative additions like Lancashire soft cheese. Please phone before visiting.

Chipping and District Memorial Hall 15



Garstang Road, Chipping, Preston PR3 2QH
Tel: 01995 61033
Web: www.chippingvillage.co.uk

The magnificent village hall which was opened in 1999 is the hub of village life with a busy programme of events every week. The hall is available for private hire including badminton (subject to availability) and there are outdoor tennis courts and astroturf pitches for casual hire.

Moorhead House Farm Bed and Breakfast 16



Thornley Road, Chaigley BB7 3LY
Tel: 01995 61108

Visit Britain ★★★ Rating

Located in a quiet rural setting in the Forest of Bowland. A warm and friendly welcome awaits you at this family-run farmhouse. The accommodation is furnished to a high standard with all rooms equipped with tea/coffee making facilities and colour TV. Twenty minutes from main motorway network. Excellent restaurants and pubs nearby.

Pale Farm Cottages 17



Moss Lane, Chipping, Preston PR3 2TR
Tel: 01772 783082
Email: info@palefarmcottages.co.uk

Visit Britain ★★★★★ Rating

3 self-catering country cottages set in 1/2 acre of their own gardens at the end of a leafy lane. 1 mile from Chipping in an area crisscrossed by footpaths and quiet lanes through stunning countryside full of wildlife. Ideal for walkers and cyclists

Chipping Post Office and Gallery 18



20-22 Talbot Street, Chipping PR3 2QE
Tel: 01995 61221
Email: paul@hunt34.freeserve.co.uk

The oldest continually trading shop in Britain, since 1668. Post Office, newspapers, Bond's ice cream, soft drinks, cigarettes, cakes, biscuits, jams, traditional sweets, local milk and cheese. A wide range of traditional wooden toys and games, greetings cards, gifts, maps and books. Art Gallery, bookshop and HJ Berry Furniture.

Open until 5.30pm, 7 days a week

Procters Cheeses 19



The Cheese Warehouse, Saunders Raika, Chipping, Preston PR3 2QR
Tel: 01995 61626
Web: www.procterscheeses.co.uk

The Procter family first made cheese in the picturesque village of Chipping in the 1930s. We stock a wide variety of cheeses including local Bowland cheeses and 'cheese celebration cakes'.

Open 9am to 4pm Mon to Fri

Rakefoot Farm and Barn - Bed and Breakfast and self-catering 20



Thornley Road, Chaigley, Clitheroe BB7 3LY
Tel: 01995 61332
Email: info@rakefootfarm.co.uk

Visit Britain ★★★ and ★★★★★ Rating

Bed and breakfast and Self-catering in 17th century farmhouse and traditional stone barn conversion on a peacefully situated family farm. Excellent home-cooked meals service using local produce where possible. Indoor games room and garden. Past winner of NWTB Silver Award for Self-Catering Holiday of the year.

Robinsons Butchers 21



Wilsden, Garstang Road, Chipping PR3 2QH
Tel: 01995 61234

The family farm produces the beef and lamb sold in this traditional butchers, and it also produces the creamy milk from Ayrshire and Jersey cows that go to make Chipping dairy ice cream, sold here in several flavours. We also sell local cheeses, vegetables and preserves and are a member of Bowland Forest Foods.

The Sun Inn 22



Windy Street, Chipping PR3 2GD
Tel: 01995 61206

The Sun Inn dates back to 1758 and represents 'Olde Worlde' charm with log fires burning in the main bar and a games room which houses our famous 'bull ring' game. The Inn is famous for being haunted by the ghost of jilted lover Lizzie Dean. Pie and peas a speciality.

The Tillotsons Arms 23



18, Talbot Street, Chipping PR3 2QE
Tel: 01995 61568

The Tillotsons is a 'proper village local' with home cooking and a warm welcome right in the middle of the village. Real ales, lagers, cider and real people to chat to! Lots of local information leaflets so come in and find out what's happening.

Chipping Village Store 24



1, Windy Street, Chipping PR3 2GD
Tel: 01995 61236

Established since 1870, the store sells local vegetables and cheese, home-cooked ham, delicious pies and all your requirements. Friendly service and orders delivered free.

The Waterwheel 25

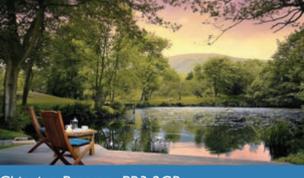


Talbot St, Chipping, Preston PR3 2QE
Tel: 01995 61553
Web: www.enjoyengland.com

Visit Britain ★★★★★ Rating

A fully self-contained apartment forming part of the owners residence right in the heart of the village. Tastefully decorated and furnished, guests have use of part of the garden of just over an acre with working waterwheel and stream, enjoying stunning views of Longridge Fell.

Wolfen Mill Country Retreats 26



Chipping, Preston PR3 2GR
Tel: 01995 61574
Web: www.wolfenmill.co.uk

Visit Britain ★★★★★ and ★★★★★ Rating

A charismatic 300-year-old country mill sympathetically converted into a total of ten mainly one-bedroom cottage style properties. Ideal for couples who want a romantic getaway. Wander around the gardens and lake, sit on the decking, enjoy a glass of wine as the sun goes down and relax!

The History of Chipping

The name 'Chipping' is derived from the Old English ceiping, which means 'a market'. The market developed near the bridge over Chipping Brook at the entrance to the vast Royal Forest of Bowland east of the village. This 'Forest' was an area of ancient cattle farms, or 'vaccaries', owned by the Crown after the Norman Conquest and managed by state officials. Timber and the royal deer were protected by 'Forest Law'. In Leagram, adjacent to Chipping, a mediaeval deer park was created. The area passed into private ownership from the mid-16th century onwards. To the west of Chipping, outside Forest control, the land was divided into private manors, more populated and more diverse.



The Chipping market was thus at a point of exchange between two different economies and a major outlet for the Bowland cattle farms. There were two fairs (markets) each year, on the first Tuesday after Easter and on St Bartholomew's day, August 24th. Cattle would be sold in the street. Farmers would take the opportunity of visiting the village shops, meeting tradesmen such as butchers and leather workers, and socialising in the alehouses. The last markets in Chipping were sheep sales, at the back of the Talbot Inn, in the 1950s.

History continued

By-trades were always an important source of extra income in the farming households – for example, cheesemaking, wood and leather working and especially textiles. Spinning and handloom weaving of wool and flax became increasingly important in the late 17th and 18th centuries. Some wool was available from local fell sheep, but dealers brought in supplies and sold on the finished thread or cloth. One of these cloth merchants, John Brabin, with his shop in the centre of the village, became the local benefactor founding a school and charity by his will of 1683. Chipping flourished industrially when the waterpower of the district was fully developed. By the



mid 19th century there were 7 water-powered mills on Chipping Brook some above and some below the village. There were two cotton spinning mills, and works producing spindles and flies and rollers for spinning machines, an iron and brass foundry, a corn mill, a nail works and a chair works. Two former mills were used for cheesemaking in the 20th century. One waterwheel can still be seen in the village and Chipping is still well known for its chairs.

Reproduced by kind permission of Chipping Local History Society

St Batholomews

The church of St Bartholomews has a number of heads carved on a pillar in the north aisle. They appear to be pulling faces and are thought to have been carved in the 14th century. Also inside the church can be found a 12th century piscina in the chancel and a plague stone. A local tradition has it that when a wedding has taken place in the church local children tie the church gates shut. The wedding couple must then throw money to the children in order to get them re-opened.



The haunting tale of Lizzie Dean

Lizzie Dean was a young serving girl who worked at the Sun Inn. One day she heard the bells ringing from the church across the street. Looking out of the window she saw her fiancé arriving to be married to another. Lizzie was heartbroken and hanged herself. Her suicide note stated that she wished to be buried beneath the church path, so that every time her fiancé went to church he would have to walk over her grave. It is because her final wishes were not carried out that the locals claim that her spirit still haunts the Sun Inn to this day!

Birds and wildlife

The RSPB in Bowland

Bowland is particularly special for a number of upland bird species. The RSPB works closely with organisations like Natural England and United Utilities to help protect the rare hen harrier, merlins and ring ouzels, and also advises landowners and farmers to help them protect the nationally important populations of wading birds such as lapwings, snipe, curlews and redshanks that nest on the in-bye grazing pasture each spring. The RSPB is the UK charity working to secure a healthy environment for birds and other wildlife, helping to



create a better world for us all. The RSPB's work ranges from campaigning to halt the effects of climate change to investigating the decline in familiar garden birds such as house sparrows and song thrushes and organising 'the Big Garden Birdwatch'. You may even have been one of the 460,000 people that took part in 2006!

For further information on the RSPB, its work in Bowland or how to offer your support by becoming a member go to www.rspb.org.uk or call on **01484 861148**.

Waders

In spring, Bowland's farmland and moorland attracts over 6,000 pairs of wading birds. They mainly breed on enclosed farmland next to the moor and need wet, boggy areas, which teem with the insects and bugs they eat. The Forest of Bowland holds an estimated 6 to 8 percent of the UK's breeding curlew population, which can be found from the highest hill tops to the valleys below, reminding us of its presence with its evocative call. The RSPB, through its partnerships has been working successfully with farmers and landowners for over three years to secure sympathetic management of land for the benefit of these birds.



Land management continued

The most recent phase of work has involved the creation of more wader scrapes and shallow edged ditches, banking up parts of the footpath running across the site and installation of crossing points for farm machinery and stock. All the work has been undertaken by local contractors and farmers. In 2003, prior to this management work, there was a dense rush cover over much of the site. Cutting and baling the rush leaving just scattered tussocks opened up the grass sward making the fields far more attractive to wading birds and grazing stock. Smaller stands of rush were left in boggy areas as these provide good habitat for Snipe.



Chipping Moss - land management to encourage wading birds

Conservation work began on Chipping Moss in 2003. Management of the grassland, rush and wet features on the site has allowed the wading bird populations to flourish, with other species such as skylark and reed bunting benefiting too. Improvement of the habitat has helped brown hares to increase on the site and wetland plants such as ragged robin and marsh marigold. Digging of ponds and ditch works has greatly improved conditions for great crested newts, many species of dragonfly and damselfly and aquatic vegetation communities.

Further management work included rewetting of the site to produce splashy conditions and a short, tussocky sward ideal for breeding wading birds. Establishment of such conditions has for example seen the lapwing population rise from one pair in 2003 to 10 or 11 pairs in 2006. Relatively small-scale works such as the creation of shallow wader scrapes and reprofiling of steep sided ditches provide shallow muddy edges for wading bird chicks to feed. Grazing by native Hereford cattle ensures that rush is kept under control.

WELCOME TO CHIPPING
Local Attractions, Activities and Accommodation

Bowland's wild open spaces

Over one third of the AONB is moorland, making up the wild open spaces that are so characteristic of the Forest of Bowland. This is a truly unique quality of the area. The central upland of the AONB is typical millstone grit country: hard rocks lie beneath the gentle fells - the rounded shapes are the result of repeated glaciation during the Ice Age. The fells are covered with peat, blanket bog, acid grassland and heather moor, and occasionally broken through by rocky outcrops. The highest point is at Wards Stone (560m), with Pendle Hill reaching 557m, almost a mountain! These fells were once cloaked in trees, but a combination of changes in climate



and woodland clearances by Bronze Age farmers has left them largely treeless today. The resulting open views and fells give the impression that this is a wilderness, an untouched natural landscape, but it is in fact the result of human influences. There has been long term management of the land for grazing sheep and cattle, and for game shooting (primarily red grouse). The fells are criss-crossed with dry stone walls and, on the lower slopes, you will see the isolated field barns, which traditionally housed cattle and hay in the winter.

North Lancashire Bridleway

The North Lancashire Bridleway is designed for use by horse riders, cyclists and walkers. It runs through some of the most breathtaking scenery in the country, taking in the verdant, fertile lands of the Lune valley and then traversing the wild Bowland fells before dropping down into Chipping. The bridleway provides a sustainable form of recreation linked with business opportunities for local enterprises and landowners, in the form of bed and breakfast establishments, livery provision and local food products. Work is currently underway to complete the loop, and provide links to the Pennine Bridleway and to local cycle and bridleway networks within Lancashire.



Lancashire Countryside Service developed the North Lancashire Bridleway in partnership with Lancashire Rural Futures, the Forest of Bowland AONB, farmers, landowners and representatives of the horse riding community. The first phase of the North Lancashire Bridleway was opened in 2004, and runs for 45km from Denny Beck near Lancaster to Chipping.

This project is funded by the Forest of Bowland Area of Natural Outstanding Beauty (AONB) and received funding from the following organisations



Blanket bog - a Bowland speciality

Blanket bog is confined to cool, wet climates, and the UK is one of the best places in the world to find this type of habitat. The formation of peat is a response to the very slow rate at which plant material (mostly Sphagnum mosses) decomposes under conditions of water logging. However, it can form on quite steep slopes and effectively cloak whole landscapes. The Forest of Bowland lays claim to some of the best blanket bog in England and this supports a range of scarce and unusual plant and animal species. Perhaps one of the rarest is bog rosemary, which can be found in abundance in some areas of the Bowland fells.



Farming in Bowland and stewardship

The Forest of Bowland's blanket bogs, traditional hay meadows and wet grasslands are nationally important habitats. Many of the farms in the Forest of Bowland are managed under stewardship schemes. Natural England runs these schemes to pay farmers to manage their land in a way that reflects both the local and national priorities for wildlife, landscape, access and the historic environment. Farming practices include cultivation of the land without fertiliser and with fewer livestock; or management of the grassland, rush and wet features to encourage wading birds, such as lapwing, curlew and redshank.

FOREST OF BOWLAND

Area of Outstanding Natural Beauty

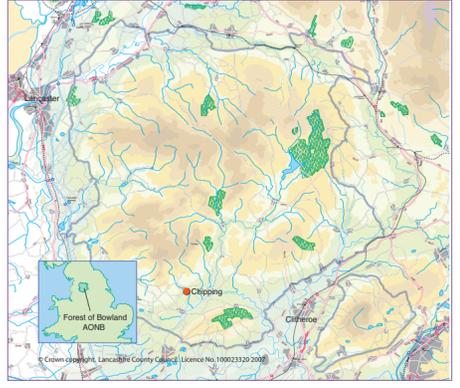
The Forest of Bowland Area of Outstanding Natural Beauty (AONB) is a nationally protected landscape and internationally important for its heather moorland, blanket bog and rare birds. It is the first protected area in England to be awarded the European Charter for Sustainable Tourism in Protected Areas. The Charter approach ensures that organisations, local people and businesses are working together to protect the area, whilst at the same time increasing opportunities for visitors to discover and enjoy its special qualities. Sustainable tourism aims to make a low impact on the environment and local culture, while encouraging better income, employment and conservation of the very landscape upon which our tourism is based. For more information regarding the Forest of Bowland AONB, visit the website at www.forestofbowland.com or ring **01772 534709** for an information leaflet. The businesses featured here are part of the local economy which supports this special landscape - please support them with your custom and enjoy your stay!

Front cover image ©Natural England/Charlie Hedley



How to find us

Public Transport: Chipping is served by the Number 4 bus from Longridge and Preston. (You can also reach Longridge by using buses from Blackburn and Clitheroe). The B12 links Chipping to Clitheroe and Garstang on a Thursday only. For more details call Traveline on **0870 6082 608**.



By Road: From the south, Chipping can be reached by leaving the M6 at junction 31A near Preston and then heading north through Longridge - approximately 12 miles. From the north, leave the M6 at junction 32 and again head for Longridge via Broughton.

