

# LUNE VALLEY

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IN ENGLAND'S NORTH COUNTRY

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## FURTHER INFORMATION

Our **Tourist Information Centre** is here to help you make the most of your visit. Please feel welcome to 'phone for information or to make accommodation bookings:

### Lancaster Tourist Information Centre

29 Castle Hill, Lancaster LA1 1YN

Tel: +44 (0)1524 32878

Fax: +44 (0)1524 382849

[www.visitlancaster.co.uk](http://www.visitlancaster.co.uk)

Email: [lancastertic@lancaster.gov.uk](mailto:lancastertic@lancaster.gov.uk)

There are also **Local Tourist Information Points** at Crook O'Lune Picnic Site, The Dragon's Head, Whittington and Post Offices at Caton, Hornby, Over Kellet & Nether Kellet

## ACCOMMODATION

For the perfect short break in the Lune Valley, there is an excellent range of quality accommodation available from hotels to bed & breakfast, self-catering converted barns, lodges and a wealth of camping and caravan sites. For an accommodation guide to the area call (01524) 32878.

For bookings call **Lancaster's Accommodation Booking Hotline** on (01524) 582393 or go to [www.visitlunevalley.co.uk](http://www.visitlunevalley.co.uk)



Gressingham



## TRAVEL INFORMATION

### BY CAR

The Lune Valley is easily accessible from the M6 motorway. Exit at Junction 34 (Lancaster) or 35 (Carnforth).

### BY RAIL

Regular train services to and from the Lune Valley operate from the main railway stations at Lancaster and Carnforth. National Rail enquiries: 08457 48 49 50

### BY BUS/COACH

The Lune Valley towns and villages are serviced by Stagecoach (0870 608 2 608) and National Express (01524 582808). Carnforth Connect provides further travel information (01524 734311).

### BY CANAL AND BIKE

A waterbus runs between Lancaster and Carnforth (see attractions). Bikes are also available for hire from Lancaster Railway station. For both canal and bike enquiries call Budgie Transport on (01524) 389410.



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[www.lancaster.gov.uk](http://www.lancaster.gov.uk)

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# WELCOME TO THE LUNE VALLEY

**The Lune Valley is an undiscovered gem of England's North Country and represents one of the finest corners of our 'green and pleasant land'.**

Between the picturesque town of Kirkby Lonsdale and the historic city of Lancaster is one of the most attractive stretches of river where the silvery Lune meanders through a landscape of outstanding natural beauty. Here you will find unspoilt and ancient villages, historic churches and winding lanes, tumbling streams and wooded valleys, wild moors and lowland pastures.

Savour the beautiful surroundings and enjoy the sweeping views of the Forest of Bowland, Lake District and Yorkshire Dales.

You will find a warm welcome in the Lune Valley's hotels, bed & breakfasts and country pubs, plus your hosts will not be short of suggestions of where to walk and explore.

The idyllic Crook O' Lune in its wooded river setting, the waymarked Lune Valley Ramble and gritstone Clougha Pike provide some of the best views in the country. Historic villages such as Hornby, Wray and Melling lie waiting to be discovered.



Crook O' Lune picnic site

The Lune Valley has a place in literary history too. Poet William Wordsworth, in his popular 'Guide to the Lakes' recommended travellers not to miss the Lune Valley on their way to the Lakes.

Bring your watercolours and sketchbook as well as your camera to capture the inspiring scenery that the great English painter JMW Turner made famous in the 1800s.

Nowadays, the Lune Valley is still a haven for artists who will want to share their enthusiasm for the landscape with you. The Lunesdale Studio Trail stages excellent exhibitions during the summer.

**Come and follow in Turner's footsteps and celebrate the unique beauty of the Lune Valley.**



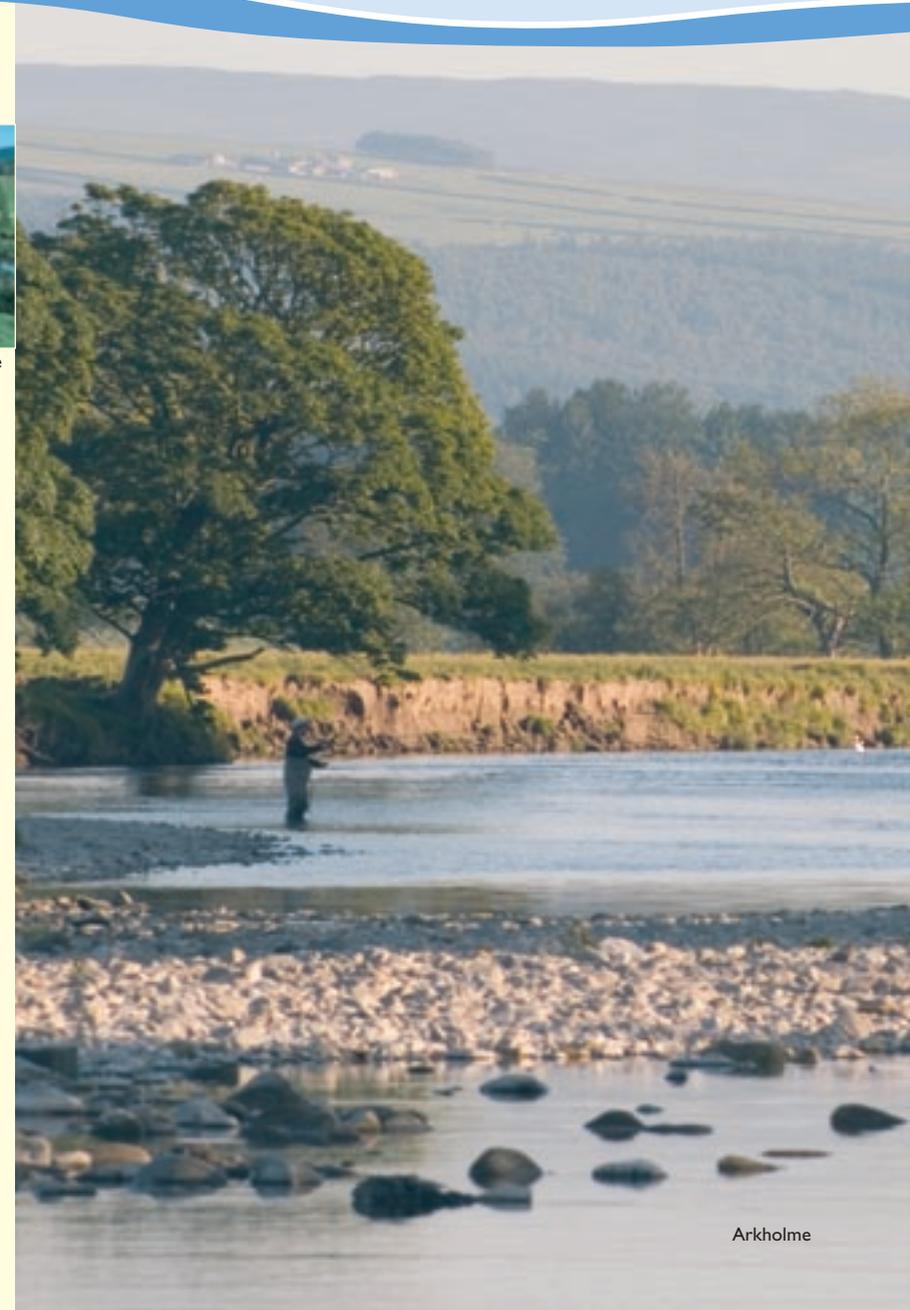
Littledale, Forest of Bowland



Wray Scarecrow



Eating out





# LUNE VALLEY



## ATTRACTIONS

### 1 DOCKER PARK FARM

Arkholme, Nr Carnforth LA6 1AR  
Tel: 015242 21331  
www.dockerparkfarm.co.uk

Visitor centre on a working farm. Tractor rides, piglets, calves and horses. Feed the lambs in spring and collect eggs daily. Lots of activities for children and adults. Tearoom & Gift Shop.



### 2 THE LANCASTER CANAL & WATERBUS

Originally built to carry trade between Kendal and Preston, the canal is now a haven for wildlife and offers quiet country walking in the beautiful northern area of the Lune Valley. The towpath links Lancaster and Kendal, covering a distance of 27 miles and can be conveniently walked over two days.

**Lancaster Canal Waterbus**  
Tel: 01524 389410  
www.budgietransport.co.uk

The canal boats Millennium Swiftsure and Swallow are available for single or return trips through the beautiful Lancashire countryside, between Carnforth to Lancaster and Tewitfield.

### 3 LEEDS TO MORECAMBE RAILWAY

This scenic railway runs through isolated countryside before crossing the Lune on the long bridge at Arkholme. There is a link to the Settle-Carlisle Railway and walks close to Wennington and High Bentham stations.

### 4 PICK YOUR OWN FRUIT

Greenbank Farm, Over Kellet, Carnforth, LA6 1BS  
M6 junction 35  
Tel: 01524 733296  
(24 Hrs)  
www.greenbank.co.uk  
Raspberries, Strawberries, Blackcurrants, other fruits & vegetables in season. Open from mid June to August, daily 10am-6pm.



### 5 REDWELL FISHERIES

Arkholme, Carnforth LA6 1BQ  
Tel: 015242 21979  
www.redwellfisheries.co.uk  
Enjoy fishing in beautiful surroundings with views of Ingleborough. Well stocked lakes contain carp up to 30lb, bream, tench, rudd and many interesting hybrids. Between Over Kellet and Arkholme on the B6254.

### 6 CROOK O' LUNE

Where the River Lune has carved itself dramatically into the valley sides, Crook O' Lune has been a famous viewpoint and picnic spot for generations.

### 7 BANK HOUSE FLY FISHERY

Caton, Lancaster LA2 9HX  
Tel: 01524 770412  
A perfect place to fish. Stocked daily with brown, tiger, blue and rainbow trout. Bank and pier fishing. Tuition available and beginners welcome. Tackle for hire, flies for sale. At Caton just off the A683. Two miles from Junction 34 of M6.

### 8 GRAY'S SEAT & VIEWPOINT

The Poet, Thomas Gray described this spectacular view in 1769 as having "Every feature which constitutes a perfect landscape". Many artists have painted here, including JMW Turner. The view in the far distance is of flat topped Ingleborough.

### 9 THE RIVER LUNE MILLENNIUM PARK

Lancaster's Millennium Project stretches some 15 kilometres along the banks of the Lune from Bull Beck near Caton down to Salt Ayre in Lancaster, with linked footpaths and cycleways, artworks and stations.

### 10 FORREST HILLS GOLF & FLY FISHERY

Hazelrigg Lane, Quernmore LA2 0PL  
T: 01524 752566  
www.forresthills.net  
Set beside the River Conder, the development has won awards for conservation and wildlife management. 9 hole 'pay & play' golf course & 4 acre fly fishing lake.

.....  
Lune Valley Ramble  
.....  
The Lunesdale Walk



### 11 LOYN BRIDGE & CASTLE STEDE

Dating from 1684, the attractive stone built Loyn Bridge is situated just north of Hornby where the bridge takes the road over the Lune to Gressingham. Beside the bridge is the mound of Castle Stede, a motte and bailey castle from Norman times which guarded this strategic crossing point.

### 12 BRIDGE HOUSE FARM & TEAROOMS

Wray Lancaster LA2 8QP Tel: 015242 22496  
www.bridgehousefarm.co.uk  
A fine tearoom with an excellent mix of local crafts, artwork and garden gifts and regional foods available to buy for a good day out. Also boasts a picnic area and children's playground and is a base for local riverside and woodland walks in and around Wray.

### 13 WRAY VILLAGE & SCARECROW FESTIVAL

From late April to Early May you will find the village inhabited by fun-loving scarecrows who magically appear each year for the annual Wray Fair and Scarecrow Festival.

### 14 THE GREAT STONE OF FOURSTONES

At the boundary where Lancashire meets Yorkshire, this great stone stands 12 feet high and was probably deposited through glacial activity at the end of the last ice age, although legend has it that it was one of a handful of rocks thrown by the Irish Giant Finn McCaul from across the water. Views over three counties, the Lakes, Dales and the Forest of Bowland.



### 15 THE FOREST OF BOWLAND

Tel: 01772 534140  
www.forestofbowland.com  
This Area of Outstanding Nature Beauty offers a wide range of unspoilt landscapes and visitor facilities. Explore this wild upland landscape with its nature trails which are a unique place for birdwatching. Relax in Bowland's hotels, try a camping barn or dine out at one of its many restaurants and pubs.

## WALKING

There are plenty of good walks in this unspoilt corner of England. The walking is gentle and the views are dramatic. **Leck Fell** is the highest point in Lancashire at 2058ft.

The waymarked **Lune Valley Ramble** runs for 16 miles from Lancaster to Kirkby Lonsdale along the banks of the Lune.

The waymarked **Lunesdale Walk** runs from Wennington to Carnforth and can be followed as a series of day or weekend walks, easily accessible by public transport.

**The Carnforth Canal Walks** explore the glorious countryside near the Lancaster canal around the district of Carnforth linking two of England's Areas of Outstanding Natural Beauty; 'The Forest of Bowland' and 'Arnsdale & Silverdale'.

**Guidebooks and maps are available from Tourist Information Centres.**

## OTHER ACTIVITIES

### CYCLING

It is easy to cycle from Lancaster into the Lune Valley through the Riverside Millennium Park. A recreational cycle way runs along the disused railway as far as Crook O' Lune and Bull Beck picnic sites. A publication '**Bowland by Bike**' is available from the Tourist Information Centres and includes wonderful cycle routes around Bowland for riders of all abilities.



## FISHING

Redwell Fisheries Tel: 015242 21979  
Bank House Fly Fishery Tel: 01524 770412  
Forrest Hill Fly Fishery Tel: 01524 752566

Salmon day permits (Mon - Fri) for Caton Water and evening sea trout at Halton fishery from Mrs. Curwen Tel: 01524 770078

## GOLF

Kirkby Lonsdale (Casterton)  
Tel: 015242 71592  
High Bentham Tel: 015242 61018/62455  
Forrest Hills (Quernmore)  
Tel: 01524 752566

## PICNIC SITES

Picnic sites, parking, snack bars and toilets are situated at Crook O' Lune and at Bull Beck on the A683 between Caton and Claughton. There is a large car park in the centre of Hornby beside the River Wenning with riverside walks, children's playground and picnic tables.

## TEAROOMS

Just right for when you've 'walked up an appetite': The Cottage Tearoom, Caton; Bridge House Farm, Wray; Docker Park Farm, near Arkholme and Nose Bag, Bentham.

## LUNESDALE OPEN STUDIO TRAIL

Tel: 015242 61718  
www.lunesdalearts.co.uk  
A partnership of professional artists working in collaboration to display their own work in the rural settings that provide so much of their artistic inspiration. All their studios are open to visitors in a special exhibition in June at various locations in the Lune Valley. The Lunesdale Artists also offer workshops and courses during the year.



## EVENTS

For information on events including the Wray Scarecrow Festival, Lunesdale Open Studio Trail and open days at Clearbeck Gardens please call (01524) 32878 or visit [www.lancaster.gov.uk](http://www.lancaster.gov.uk)