

# REAL ALE IN BOWLAND

Sample a great selection of beers in stunning locations



Cask conditioned or real ale is a quintessential hallmark of British culture that is currently enjoying a very welcome resurgence in popularity, thanks in no small part to the ongoing efforts of the Campaign for Real Ale (CAMRA).



In the county of Lancashire we are currently blessed with 24 amazing breweries – both large and small – which help support many local hosteleries and establishments. Within the Forest of Bowland AONB, Bowland Brewery offers a range of 8 - 10 beers from the old milking parlour behind Bashall Barn Farm shop in the Ribble Valley.



One of CAMRA's many campaigns is LocAle - an initiative that promotes pubs stocking locally brewed real ale. The scheme builds on a growing consumer demand for quality local produce and an increased awareness of 'green' issues. Created in 2007, CAMRA recommends that the distance is calculated from the pub to the brewery and should be based on the shortest driving distance - up to 30 miles from the point of sale.

Pubs which have been given LocAle status by their local CAMRA branch can display the LocAle sticker on their windows/doors. They may also have LocAle pump clip crowners on the pumps that are serving locally brewed beers.

Real ale is a natural, living product and there are over 5,500 different real ales brewed regularly in the UK. With such an amazing range of different beer styles, such as bitters, golden ales, milds, and barley wines, there has never been a better time to appreciate our traditional British drink, but you don't have to be an expert. You will soon realise what beers most appeal to your taste buds, whether they are chocolaty stouts or light floral blond beers.

## Image credits:

East Lancs CAMRA: Cover, P2 and business listings  
Graham Cooper: P3, P18, walkers  
Jon Sparks: P18, cyclist



The Forest of Bowland Area of Outstanding Natural Beauty (AONB) covers 312 square miles of rural Lancashire and North Yorkshire. It is a nationally protected landscape because of its unspoiled and richly diverse landscapes, wildlife and heritage. It stretches from the wooded cloughs of the Lune Valley in the north to the majestic sweep of Pendle Hill in the south, and from the quiet lanes of Eldroth and Lawkland in the east through the pastoral Ribble Valley to Beacon Fell and Abbeystead in the west.

Today, the AONB is managed by a partnership of public, private and voluntary organisations working together to protect and enhance the qualities which make the Forest of Bowland such a special place. One of 46 AONB's in Britain, the designation helps to ensure that the distinctive character and natural beauty of this nationally important area are safeguarded and protected for all to enjoy.

In the AONB we are supporting sustainable tourism, which means encouraging low impact activities to ensure the area stays special for many years to come. The Forest of Bowland is being increasingly recognised as a green tourism destination, which means an even better experience for you as a visitor:

2014 marks 50 years since the designation of the Forest of Bowland as an Area of Outstanding Natural Beauty, making this a fantastic year to explore and enjoy this beautiful area. During 2014 there will be lots of opportunities to help us mark this very special milestone and we do hope that you will be able to join us.

One of the easiest ways to get involved in the celebrations is by making the most of the AONB's Festival Bowland events programme. This year's booklet features 50 key events, all of which will help residents and visitors to find out more about Bowland and its distinctive character: [www.forestofbowland.com/festivevents](http://www.forestofbowland.com/festivevents)



## Symbols Key

-  Pub with LocAle accreditation: offers at least one beer from a local brewery (see page 2)
-  Lunchtime meals: not snacks but substantial fare (including one hot dish) and in the pub itself, not in a separate restaurant.
-  Evening meals: as for lunchtime meals.
-  Outdoor drinking area: this may vary from a garden to benches on a pavement, or even a village green.
-  Dog Friendly.
-  Walkers / Cyclists welcome.
-  Accommodation: rooms to let.
-  Camping / Caravanning: within one mile.
-  Bus routes that regularly pass close to the pub.

## Assheton Arms



Black Sheep Best Bitter; guest ales

      
 2,7,a,7b

Chatburn Road, Downham, BB7 4BJ

Tel: 01200 441227

Web: [www.asshetonarms.com](http://www.asshetonarms.com)

Opening hours:

12-10.30 Mon-Thurs; 12-12 Fri & Sat; 12-10 Sun

An award winning, food led pub, set in the heart of the picturesque village. The extensive menu has many fish dishes reflecting the family connection of fish merchants. Often full, this popular pub has an outdoor seating area at the front with a pleasant aspect of Pendle Hill. Part of the Seafood Pub Company.

## Bayley Arms



Moorhouse's Pride of Pendle; Timothy Taylor Landlord; guest ales

      
 5, 5a

Avenue Road, Hurst Green, BB7 9QB

Tel: 01254 826478 Web: [www.bayleyarms.co.uk](http://www.bayleyarms.co.uk)

Opening hours:

12-11 Mon-Fri; 12-12 Sat & Sun

Large, multi-roomed pub close to Stonyhurst College. Sporting prints adorn the walls and a TV shows Sky Sports. Up to 5 handpumps are available dependent on the season and can include guest ales from Lancaster and Copper Dragon breweries. There is a small cobbled area for outside drinking. Dining is available throughout the pub, which also opens for breakfast.

## Black Bull



Thwaites Original, Lancaster Bomber, Wainwright

      
 80, 81a, 81b

Brookhouse Road, Brookhouse, LA2 9JP

Tel: 01524 770329

Web: [www.theblackbullbrookhouse.co.uk](http://www.theblackbullbrookhouse.co.uk)

Opening hours:

12-12 Mon-Sun

A 17th century former coaching inn, situated on a corner in the village, bounded by Tarn brook. The inside boasts large photographs showing the different beer styles. The local district darts and dominoes league meet here and there is also a pool table. Homemade food is sourced locally. Live music is available every Saturday night.

## Bashall Barn



Bowland ales

     
 10 (Mon - Fri)

Bashall Town, Clitheroe, BB7 3LQ

Tel: 01200 428964

Web: [www.bashallbarn.co.uk](http://www.bashallbarn.co.uk)

Web: [www.bowlandbrewery.com](http://www.bowlandbrewery.com)

Opening hours:

9-5 Mon-Sun

A multi retail outlet and home of the Bowland Brewery. A choice of ales can be sampled from their restaurant/ coffee shop and enjoyed on the patio with views of the Ribble Valley. Bottles and mini-casks can also be purchased from the Visitor Centre shop.

## Bay Horse Inn



Changing ales from Thwaites, Moorhouses, Reedley Hallows plus guest ales

      
 7,7b

Blacko Bar Road, Roughlee, BB9 6NP

Tel: 01282 696558 Web: [www.bayhorse.eu](http://www.bayhorse.eu)

Opening hours:

12-11.30 Mon-Sun

Contemporary styling and a bistro-worthy menu reside at this newly refurbished country inn. Passionate about local beers and produce, they have four handpumps, with guest ales alternating between Prospect and Bank Top breweries. There are real fires in winter and a fabulous outdoor terrace for warmer days, where dogs are welcomed. Rooms are currently being converted for accommodation.

## Bridge Inn



Black Sheep Best Bitter; Tetley Bitter; York Guzzler

      
 80, 81b

Lower Tatham, LA2 8NL

Tel: 01524 221326

Opening hours:

12-11 Mon-Sun (closed 1.45-5 Wed & Thurs)

Located on the B6480 between Wennington and Wray, this cosy pub is made up of two buildings. The one dated 1744 houses the snug bar where horse brasses adorn the walls. The other houses a separate dining room, with a log burner and dates back to 1642. Food is homemade and includes an extensive specials board. There is no TV, so conversation rules.

## Buck Inn



Beer range varies

      
 2, 7b

1 Sawley Road, Grindleton, BB7 4QS

Tel: 01200 441768

Web: [www.facebook.com/TheBuckInnGrindleton](http://www.facebook.com/TheBuckInnGrindleton)

Opening hours:

4.30-11 Tues-Thurs; 12-12 Fri-Sun

Friendly, family run country pub with a real fire in winter. Beers change frequently and can include ales from Copper Dragon, Phoenix, Prospect, Bank Top and Lancaster breweries. Home cooked food is served at weekends only.

# Pub Listings

**Bunk House Bar @ the Old Manor House** 



Copper Dragon  
Golden Pippin;  
Lancaster Amber;  
Settle Brewing  
Company Signal Light

 581

Church Avenue, Clapham, LA2 8EQ  
Tel: 01524 251144 Web: [www.claphambunk.com](http://www.claphambunk.com)  
Opening hours:  
11-6 Mon-Thurs; 11-7 Fri-Sun

Part of the Grade II listed Manor House; the entrance to the bar is adjacent to the National Trust car park in the centre of the village. Step through a doorway and you enter the Reading Room cafe from where home cooked food is served all day.

**Castle Inn** 



Black Sheep  
Best Bitter;  
Lancaster Blonde

 80, 81a, 81b

Main Street, Hornby, LA2 8JT  
Tel: 01524 222279  
Web: [www.thecastleinnhornby.co.uk](http://www.thecastleinnhornby.co.uk)  
Opening hours:  
12-12 Mon-Sun

An historic inn refurbished with Farrow & Ball style décor. Relax on the comfy sofas by the fire or sit on settles at one of the scrubbed tables. Dogs are well catered for with their own biscuits on the bar along with a selection of cakes for their owners. There is also a bistro to the rear.

**Dog & Partridge** 



Tetley Mild;  
guest ales

 5, 5a, 5b, 35

Hesketh Lane, Chipping, PR3 2TH  
Tel: 01995 61201  
Web: [www.dogandpartridgechipping.co.uk](http://www.dogandpartridgechipping.co.uk)  
Opening hours:  
11.45-3, 6.45-11 Tues-Sun

A stone built inn dating back to the 16th century, which focuses on dining. Reservations are recommended at the weekend. Refurbishments over the years have seen it retain its old world English charm. Guest ales feature from Thwaites, Black Sheep and Marston's breweries.

**Dog & Partridge** 



Beer range varies

 11

Tosside, BD23 4SQ  
Tel: 01729 840668  
Opening hours:  
12-4.30 Sat & Sun

A family pub, located on the B6478 between Long Preston and Slaidburn. Check opening times before you visit. There are two handpumps but only real ale in bottles are served in the winter months. A cyclists haven right on the edge of Gisburn Forest.

**Coach & Horses** 



Bowland Sawley  
Tempted

 581

20 Main Street, Bolton-by-Bowland, BB7 4NW  
Tel: 01200 447202  
Web: [www.boutiquedininghouse.co.uk](http://www.boutiquedininghouse.co.uk)  
Opening hours:  
12-2.30, 6-11 Wed-Fri; 12-11 Sat & Sun

A stone built country pub with a difference, also referred to as a boutique dining house, situated in the quiet, picturesque village of Bolton-by-Bowland. Three ensuite bedrooms are available for bed and breakfast. In addition, they also provide a traditional take-away service.

**Copy Nook** 



Copper Dragon  
Best Bitter; Black  
Sheep Bitter; Timothy  
Taylor Landlord;  
Moorhouse's  
Blonde Witch

 581

Holden, BB7 4NL  
Tel: 01200 447205 Web: [www.copynook.co.uk](http://www.copynook.co.uk)  
Opening hours:  
12-2, 6.30-9 Tues-Sat; 12-11 Sun

A stone built former coaching inn, cosy, welcoming and full of stylish old world character where you can eat, drink and relax. Free Wi-Fi is available in the bar area. Gisburn Forest is close by, which provides a fantastic location for mountain biking and walking. If staying, there is a secure garage for bikes.

**Duke of York** 



Beer range varies

 2, 7b

Brow Top, Grindleton, BB7 4QR  
Tel: 01200 441266  
Web: [www.dukeofyorkgrindleton.com](http://www.dukeofyorkgrindleton.com)  
Opening hours:  
12-2, 6-9 Tues-Sat; 12-2, 5-7.30 Sun

Predominantly a food establishment, led by chef proprietor, Michael Heathcote. The building dates back to 1863 and the bar area has stone clad floors, with a couple of small rooms off the entrance. There is a large dining area giving on to a conservatory. Beers have included Timothy Taylor Landlord, Thwaites Wainwright and Lancaster Blonde.

**Eagle & Child** 



Lees Brewer's  
Dark, Bitter

 5, 5a

Whalley Road, Hurst Green, BB7 9QJ  
Tel: 01254 826207  
Web: [www.eagleandchildhurstgreen.co.uk/](http://www.eagleandchildhurstgreen.co.uk/)  
Opening hours:  
12-11, Mon-Sun

Open plan roadside pub, under JW Lees management. Beams and a central fire place give it a cosy feel. A pool table features adjacent to the entrance. Rooms are available at very reasonable rates.



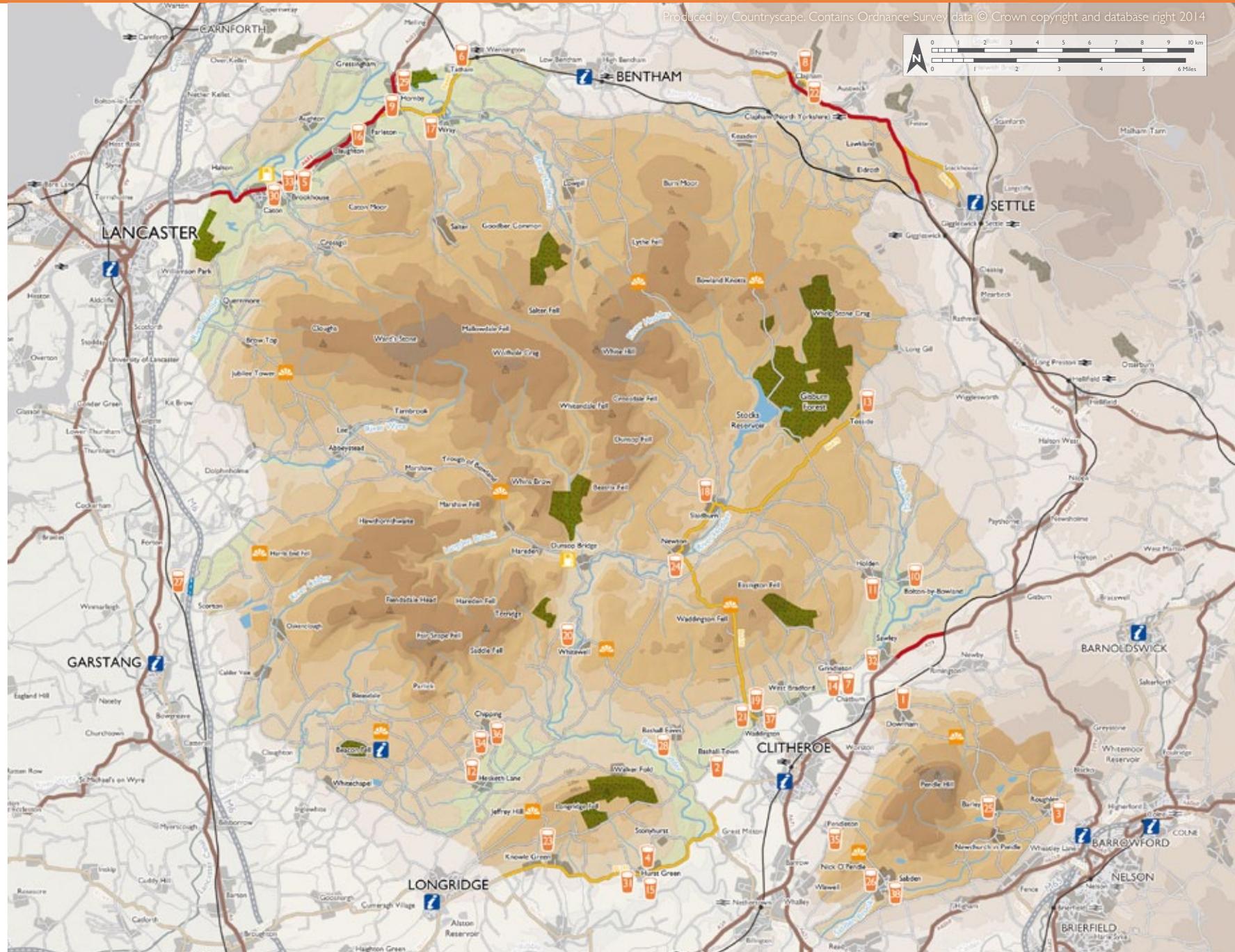
## Accommodation

The Forest of Bowland offers a wide range of accommodation, from camping barns, B&Bs, hotels, and farmhouse accommodation to five star self catering establishments.

For a full list of accommodation providers in the AONB visit [www.forestofbowland.com](http://www.forestofbowland.com) and for full details of accommodation, eateries and visitor attractions in Lancashire visit [www.visitlancashire.com](http://www.visitlancashire.com) or in Yorkshire visit [www.yorkshire.com](http://www.yorkshire.com)

### Key

-  Pub Location
-  Viewpoint
-  Petrol Station
-  Information Centre
-  Station







## Austwick Traddock Hotel



Three Peaks  
Pen-y-Ghent Bitter



Graystonber Lane, Austwick, LA2 8BY  
Tel: 01524 251224 Web: [www.thetraddock.co.uk](http://www.thetraddock.co.uk)  
Opening hours: 11-1am Mon-Sun

A country house hotel with an extensive and award winning restaurant and a small bar. There is ample car parking and the delightful gardens offer distant views over the dales. Sumptuous furnishings and upholstery make this a very comfortable and attractive venue to spend some time.

See Also:  
**Game Cock** The Green, Austwick, LA2 8BB  
Tel: 01524 251226

## Great Mitton Three Fishes



Thwaites Original,  
Wainwright;  
guest ale



Mitton Road, Great Mitton, BB7 9PQ  
Tel: 01254 826888 Web: [www.thethreefishes.com](http://www.thethreefishes.com)  
Opening hours: 12-11 Mon-Sat; 12-10 Sun

The first pub to be taken over by the Ribble Valley Inns company, it is set in a picturesque location not far from the medieval church of All Hallows. Renowned for its food, drinkers can also take advantage of a beer bat, offering three thirds of your choice. Free WiFi is offered and there is an electric bike charge point.

See Also:  
**Aspinall Arms** Mitton Road, Great Mitton, BB7 9PQ  
– opening May 2014

## Bentham Punchbowl



Everard's Beacon;  
York Guzzler;  
guest ales



Low Bentham, LA2 7DD  
Tel: 01524 261344  
Opening hours: 5-12 Tues-Fri; 12-12 Sat & Sun

A stone built inn overlooking the river Wenning. The wood panelled bar has a cosy open fire at one end. The games room is down one level and has a pool table and dartboard. A small restaurant is attached.

See Also:  
**Black Bull** 13 Main Street, LA2 7HF. Tel: 01524 261213  
**Coach House** Main Street, LA2 7HE. Tel: 01524 262305  
**Horse and Farrier** 83 Main Street, LA2 7HR. Tel: 01524 261381  
**Sun Dial** 14 Main Street, LA2 7DS. Tel: 01524 262087

## Dolphinholme The Fleece



Bowand Hen  
Harrier;  
York Guzzler;  
guest ale



Dolphinholme, LA2 9AQ  
Tel: 01254 791233  
Web: [www.fleece-inn-dolphinholme.co.uk](http://www.fleece-inn-dolphinholme.co.uk)  
Opening hours: Changes dependent on the season - ring before travelling

Located in a prominent position at a crossroads on the edge of the village. This 18th century inn is on the Lune Valley cycle route. It has outdoor seating with BBQs and children's play area. Quiz nights are on Tuesdays and WiFi is available. Look out for their whisky of the week – offered from an extensive range.

For real ale pubs in other gateway towns and villages, please see the following CAMRA branch websites for more information:

**Central Lancs**  
[www.centrallancscamra.org.uk](http://www.centrallancscamra.org.uk)

**Goosnargh** – 3 pubs, including the brew pub  
Ye Horns Inn

**Longridge** – 7 pubs

**East Lancs**  
[www.eastlancscamra.org.uk](http://www.eastlancscamra.org.uk)

**Chatburn** – Brown Cow & Black Bull, both on  
Bridge Road

**Clitheroe** – 10 pubs, including the Edisford  
Bridge with adjacent camping

**Fence** – 4 pubs

**Paythorne** – Buck

**Ribchester** – Black Bull and Ribchester Arms  
(the White Bull is currently closed)

**Whalley** – 4 pubs located on the crossroads in  
the village centre

**Wiswell** – Freemasons

**Worston** - Calf's Head

**Keighley & Craven**  
[www.keighleyandcravencamra.org.uk](http://www.keighleyandcravencamra.org.uk)

**Giggleswick** – 3 pubs

**Settle** – 4 pubs

**Wigglesworth** - The Plough

**Lunesdale**  
[www.lunesdalecamra.org.uk](http://www.lunesdalecamra.org.uk)

**Carnforth** – 6 pubs including the micropub,  
Snug, on Carnforth station

**Garstang** – 6 pubs

**Lancaster** – 32 pubs located within half-mile  
of the city centre



# Bowland by Bike or by Foot

Outstanding scenery, picturesque villages, charming pubs all waiting to be explored by bike or by foot; this truly is a spectacular area for outdoor enthusiasts of all types and levels.



The Forest of Bowland offers some of the most beautiful and remote walking in the country, from the grandeur and isolation of the moorland hills to the undulating lowlands with their distinctive pattern of settlements, woodland cloughs and river valleys. So why not make a day of it and make your real ale experience even more enticing by linking it with a walk?

Many of the walks start from the villages in Bowland with opportunities for shorter, less challenging routes in the valleys. Look in the walking section of the Forest of Bowland website [www.forestofbowland.com/walking\\_routes](http://www.forestofbowland.com/walking_routes)

Before embarking on any walking in the area we recommend that you purchase a copy of the Ordnance Survey Map OL41 – The Forest of Bowland and Ribblesdale. Or look out for the Harveys map which highlights cycling, horseriding and walking opportunities, including Access Land entry points in the Bowland fells.

Or why not travel around the area under your own power, coming across hidden gems around every corner! Now everyone can enjoy the great outdoors on two wheels – the Bowland Electrical Bicycle Network brings the simple pleasure of cycling within everyone's reach. Electric bicycles offer a new way of discovering the beauty of the Forest of Bowland by giving a helping hand up the hills. Hire electric bikes from three hire-points and re-charge at one of the many cafe charge points across the area. The bikes will do the hard work, leaving you free to enjoy the simple pleasure of cycling in the great outdoors. For further information visit [www.forestofbowland.com/electricbikes](http://www.forestofbowland.com/electricbikes)

For road cycling enthusiasts the Way of the Roses is a stunning coast to coast route which links Morecambe to Bridlington cutting through the northern part of the Forest of Bowland and along parts of the Millennium Cycle way from Lancaster to Caton. Download further road cycling routes in the AONB [www.forestofbowland.com/cycling](http://www.forestofbowland.com/cycling)



## A Campaign of Two Halves

*Fair deal on beer tax now!*  
*Save Britain's Pubs!*

### Join CAMRA Today

**Complete the Direct Debit form below and you will receive 15 months membership for the price of 12 and a fantastic discount on your membership subscription.**

Alternatively you can send a cheque payable to CAMRA Ltd with your completed form, visit [www.camra.org.uk/joinus](http://www.camra.org.uk/joinus) or call 01727 867201. All forms should be addressed to Membership Department, CAMRA, 230 Hatfield Road, St Albans, AL1 4LW.

Your Details	Direct Debit	Non DD
Title _____ Surname _____	Single Membership £23 <input type="checkbox"/>	£25 <input type="checkbox"/>
Forename(s) _____	(UK & EU)	
Date of Birth (dd/mm/yyyy) _____	Joint Membership £28 <input type="checkbox"/>	£30 <input type="checkbox"/>
Address _____ _____	(Partner at the same address)	
_____ Postcode _____	For Young Member and concessionary rates please visit <a href="http://www.camra.org.uk">www.camra.org.uk</a> or call 01727 867201.	
Email address _____	I wish to join the Campaign for Real Ale, and agree to abide by the Memorandum and Articles of Association	
Tel No(s) _____	I enclose a cheque for _____	
	Signed _____ Date _____	
	Applications will be processed within 21 days	

01/06

## Campaigning for Pub Goers & Beer Drinkers

## Enjoying Real Ale & Pubs

# Join CAMRA today – [www.camra.org.uk/joinus](http://www.camra.org.uk/joinus)

**Instruction to your Bank or Building Society to pay by Direct Debit**

Please fill in the whole form using a ball point pen and send to:  
**Campaign for Real Ale Ltd, 230 Hatfield Road, St Albans, Herts AL1 4LW**

**Name and full postal address of your Bank or Building Society**    Service User Number

To the Manager \_\_\_\_\_ Bank or Building Society    **9 2 6 1 2 9**

Address \_\_\_\_\_

Postcode \_\_\_\_\_

**Name(s) of Account Holder** \_\_\_\_\_

**Branch Sort Code** \_\_\_\_\_

**Bank or Building Society Account Number** \_\_\_\_\_

**Reference** \_\_\_\_\_

**FOR CAMRA OFFICIAL USE ONLY**

This is not part of the instruction to your Bank or Building Society

Membership Number \_\_\_\_\_

Name \_\_\_\_\_

Postcode \_\_\_\_\_

**Instructions to your Bank or Building Society**

Please pay Campaign For Real Ale Limited Direct Debits from the account detailed on this instruction subject to the safeguards assured by the Direct Debit Guarantee. I understand that this instruction may remain with Campaign For Real Ale Limited and, if so will be passed electronically to my Bank/Building Society.

Signature(s) \_\_\_\_\_

Date \_\_\_\_\_

**The Direct Debit Guarantee**

This Guarantee should be detached and retained by the payer.

- This Guarantee is offered by all banks and building societies that accept instructions to pay by Direct Debits.
- If there are any changes to the amount, date or frequency of your Direct Debit The Campaign for Real Ale Ltd will notify you 10 working days in advance of your account being debited or as otherwise agreed. If you request The Campaign for Real Ale Ltd to collect a payment, confirmation of the amount and date will be given to you at the time of the request.
- If an error is made in the payment of your Direct Debit by The Campaign for Real Ale Ltd or your bank or building society, you are entitled to a full and immediate refund of the amount paid from your bank or building society.
- If you receive a refund you are not entitled to, you must pay it back when The Campaign for Real Ale Ltd asks you to.
- You can cancel a Direct Debit at any time by simply contacting your bank or building society. Written confirmation may be required. Please also notify us.

Banks and Building Societies may not accept Direct Debit Instructions for some types of account.

# Further information

The Campaign for Real Ale is an independent, voluntary organisation campaigning for real ale, community pubs and consumer rights. Formed in 1971, there are now over 158,500 members worldwide with 200 branches covering the whole of the United Kingdom, as well as the Isle of Man and the Channel Islands.

For more information on member benefits, getting involved locally and beer related information visit [www.camra.org.uk](http://www.camra.org.uk)

**What pub** – CAMRA's online pub listing - [www.whatpub.com](http://www.whatpub.com)

**Great British Beer Festival** - [www.gbbf.org.uk](http://www.gbbf.org.uk)

**Small Independent Brewers Association** - [www.siba.co.uk](http://www.siba.co.uk)

**Quaffle** – listing of UK breweries, past & present [www.quaffle.org.uk](http://www.quaffle.org.uk)

**Cask Marque** - an independent accreditation scheme to recognise excellence in the service of cask ale - [www.cask-marque.co.uk](http://www.cask-marque.co.uk)

**Pub is the hub** – encouraging sustainability within the local community - [www.pubisthehub.org.uk](http://www.pubisthehub.org.uk)

**Federation of Licensed Victuallers Association** - [www.flva.co.uk](http://www.flva.co.uk)

**Lancashire Trading Standards** – Room D21, County Hall, Pitt Street, Preston, PR1 0LD. Tel: **08454 040506**. For consumer advice or to complain, contact the **Citizen's Advice Bureau** - [www.adviceguide.org.uk/england](http://www.adviceguide.org.uk/england)

**Drink Aware** - [www.drinkaware.co.uk](http://www.drinkaware.co.uk)

## Bus Services

**Service 2** links Clitheroe with the villages of Chatburn, Sawley and Grindleton and **Service 5** runs from Clitheroe to Whalley, Ribchester, Longridge and Chipping. **Service 10** - Hodder Valley Circular - links Clitheroe with the Hodder Valley villages of Whitewell, Dunsop Bridge, Newton, Slaidburn and Waddington. **Service 11** links Tosside to Settle. A summer Sunday and Bank Holiday service - the **Bowland Rambler** - runs from Burnley, Accrington and Clitheroe to the Hodder Valley Villages and onto Settle.

**Service 7**, the **Pendle Witch Hopper** runs a circuit around Pendle Hill, with links from Clitheroe to Chatburn, Barley, Barrowford and Nelson. To the west of the AONB lies the market town of Garstang easily reached by the regular **Service 40** between Preston and Lancaster.

In the Lune Valley, **Service 80/81**, the Lune Villager provides local connections from Lancaster to Caton and Hornby, with some services going through to Wray and Wennington.

[www.traveline-northwest.co.uk](http://www.traveline-northwest.co.uk)



For further information about the Forest of Bowland AONB visit [www.forestofbowland.com](http://www.forestofbowland.com)

 [facebook.com/bowlandaonb](https://facebook.com/bowlandaonb)

 [twitter.com/forestofbowland](https://twitter.com/forestofbowland)

Here you will find information about accommodation, events, activities and Visitor Information Centres